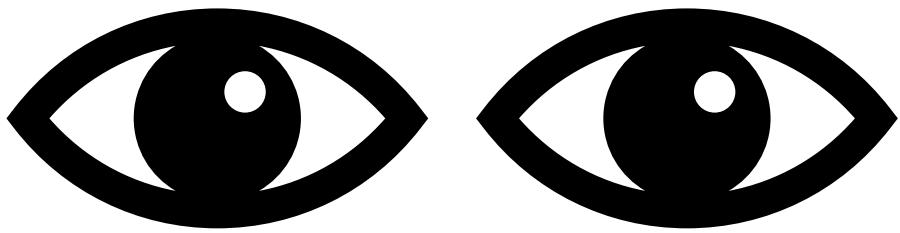
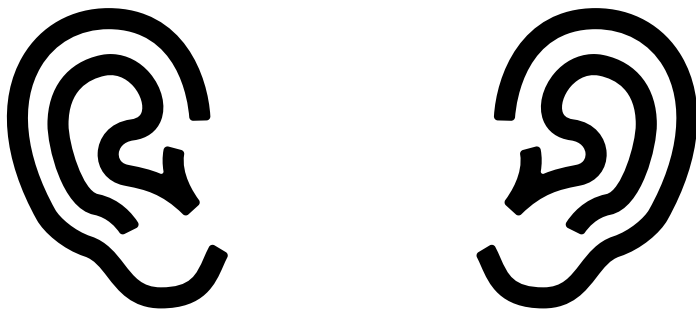


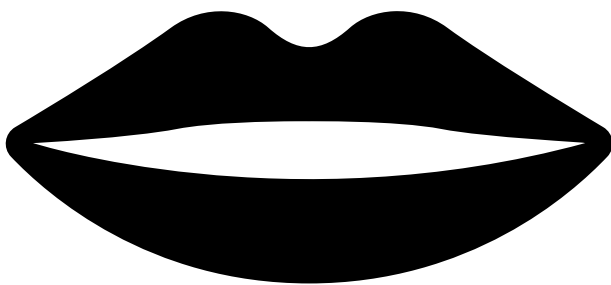
Whole Body Listening



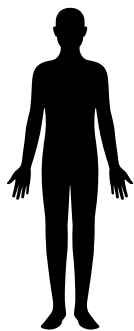
watch



listen



quiet



calm